



HORSHAM CENTRAL
PRIMARY CARE NETWORK

Park, Holbrook, Orchard & Riverside

PARENTS AND FAMILIES CARER SUPPORT



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PARENTS AND FAMILIES CARER SUPPORT PACK

This information pack signposts support for parents and families that are carers.

Please note you may also find relevant support in other information packs including our Carer Support pack and Young Carer Support pack.



The Family Carer Support Service

A support and information service for those with a relative (must be 16+ and living in England) with a learning disability and/or autism.

The family support service offers regular one-to-one support with issues including carer's rights, adult social care, transitioning from children to adult services, Lasting Power of Attorney, benefits, budgeting, and planning for the future.

Phone: 0808 801 0448

Monday-Thursday 9.30am-4pm, please leave a voicemail if no one answers and they will get back to you.

Email: familycarersupport@hft.org.uk

Website: www.hft.org.uk



@HftFamilyCarers



/FamilyCarerSupport



@FamilyCarerSupportServiceHft



Reaching Families

This is a parent-carer led organisation offering support to parents/carers of children and young people with Special Educational Needs and/or disabilities, by providing information, training and support. They can offer face to face counselling, support groups and befriending as well as training sessions.

Phone: 01903 366360

Email: admin@reachingfamilies.org.uk

Website: www.reachingfamilies.org.uk



[/ReachingFamilies](https://www.facebook.com/ReachingFamilies)

West Sussex Parent Carer Forum

Supporting parents who care for children and young people, aged 0-25, with additional needs and/or disabilities.

Online forum available on the website, providing information and support, as well as regular social meet ups and events of interest. They also offer training to parents via their Expert Parent Program at a variety of venues across West Sussex.

Phone: 01903 726188

Email: office@wspcf.org.uk

Website: www.wspcf.org.uk



@ws_pcf



/WestSussexParentCarerForum

